WHERE TO EAT

HOMETOWN DINING

1/2 Ton's Bar & Grill

141 1/2 Market St. 315-268-0813

The Bagelry

9 Market St. 265-9378

Foxy Roxy's Diner

124 Market St. 315-268-0109

www.foxyroxyspotsdam.com

The Hop

3 Market St. 315-265-4898

The Village Diner

Depot St. Market Sq. Mall 315-265-8624 www.villagediner.com

MADE TO ORDER

A-1 Oriental Kitchen

200 Market St. 315-265-6666

Arby's Restaurant

172 Market St. 315-265-1240

RESTAURANTS

1844 House

6885 US 11 315-268-1844 www.1844house.com

Asian Buffet & Mongolian Grill

175 Market St. 315-268-1688

Between the Buns

6 Elm St. 315-265-8888

Cactus Grill & Cantina

11 Raymond St. 315-265-0240

Eben's Hearth

115 Maple St. 315-265-7500

www.ehenshearth.com

Jake's on the Water

5726 St. Hwv. 56 Hannawa Falls, NY 13647 315-274-9300 www.jakesonthewater.com

The Lobster House

SH 56. Norwood 315-353-2366 www.lobsterhousenorwood.com

Mama Lucia's

1 Constitution St./Depot St. 315-265-0475 www.mamaluciaspotsdam.com

Maxfield's

5 Market St. 315-265-3796

Pizza Hut

60 Market St. 315-265-2016 www.pizzahut.com

Ponderosa Steakhouse

185 Market St. 315-265-8080 www.potsdamponderosa.com

Potsdam Town & Country Club Restaurant

6194 SH 56 315-265-1234

Sergi's Italian Restaurant

10 Market St. 315-265-3420 www.seraispotsdam.com

Thai Cuisine Restaurant

29 Maple St. 315-274-9088 www.potsdamthaicuisine.com

SPECIALTY FOOD

3 Bears Gluten Free Bakery

51 Market St. 315-323-0277

Chilly Delight

57 Market St. 315-265-3713

Maple Run Emporium, Inc.

49 Market St. 315-274-0102

www.maplerunemporium.com

Potsdam Food Cooperative

24 Flm St. 315-265-4630 www.potsdamcoop.com

Purple Rice

20 Elm St. #105 315-268-0923 www.discoverpotsdam.com

Scoops Downtown

22 Main St.

St. Lawrence Valley Roasters & Jernahi Coffeehouse

11 Maple St. 315-274-9400

THINGS TO SEE AND DO

Take a stroll through our beautiful parks and trails along the picturesque Raquette River.

Visit the Potsdam Public Museum (located at 2 Park St.).

Take a walking tour of the town.

Explore the streets of the village and check out our unique specialty shops.

Savor a meal at one of more than 30 diverse eateries, with something for all tastes and budgets.

Enjoy entertainment presented by **Community Performance Series.** the Crane School of Music, and the Orchestra of Northern New York.

Experience community events like Potsdam Summer Festival, the **Norwood Village Green Concert** Series, and Country Legends Festival.

HIKING TRAIL SUGGESTIONS

ST. LAWRENCE COUNTY & NORTHERN ADIRONDACKS:

Dozens of hiking trails are available both within St. Lawrence County and a short drive away. Here are many of them, provided by the Laurentian Chapter of the Adirondack Mountain Club. The club's website can be viewed at AdkLaurentian.org.

RED SANDSTONE TRAIL

History and scenery combine in this 3.5-mile trail along west bank of Hannawa Falls and

Potsdam. Interpretive markers display a map. See where some of the famous "Potsdam Sandstone" came from. Raquette River between Park near the Hannawa Falls Fire Department

Hwy 56 in Hannawa Falls. Follow the blue diamond trail markers. Trail terminates at the northern tip of Sugar Island, Return to Mill St. or walk out the dirt roads to the Back

STONE VALLEY **RECREATION AREA**

Trail goes along both sides of the Raguette River from Colton north to the Brown's Bridge road and back, making it possible to do a 7.5-mile loop if desired. Trailheads in Colton are on each side of the bridge over the river just above the Colton Dam and parking is available at both places. Dramatic views and overlooks of many waterfalls and rapids and some informational plaques.

Hannawa Road.

BROWNS BRIDGE-POSTWOOD PARK

Located on Church St., off Route 56. Hannawa Falls, easy 5.7 mile trail system, used for cross-country skiing, intersected by back roads, with canne access.

on Mill St., just off State ROBERT MOSES STATE PARK **NATURAL TRAILS**

Off Route 37, Massena; approximately 6 miles of trails lead to overlook the St. Lawrence River: picnic and collecting areas; free cross-country ski, snowshoe rentals for use on Nature Center trails; info: 705-5022 or massenanaturecenter.org

INDIAN CREEK NATURE CENTER

Excellent bird watching site, with 4.5-mile network of trails, located in Upper and

HIGLEY FLOW STATE PARK TRAILS

A number of great trails are available at Higley Flow State Park. Take route 56 south to South Colton and turn right onto Cold Brook Road watch for signs on the right. Small day use fee during summer months, but trails are open for skiing all winter at no charge. The Warm Brook Trail follows the Blue Trail Markers. It is 1.3 miles of rolling, hilly trail through the park's northern hardwood forests and pine plantations. A nice hiking and cross-country ski trail. The Beaver Pond Trail follows the Yellow Trail Markers and is 0.9 miles long. The interpretative trail goes

through several different ecological habitats - pine plantations, wetlands, open meadow, and northern hardwoods, and winds around a beaver pond. There are seven interpretative signs alongside this trail. The Cedar Brook Trail follows the Red Trail Markers and is 3.8 miles long. The trail has several loops that go through pine plantations. It offers steep, hilly terrain, suitable for advanced cross-country skiers. For more trail information and trail maps, contact Higley Flow State Park at 262-2880.

Lower Lakes State Wildlife Management Area between Canton and Ogdensburg. Trail system includes observation tower and bird-blind overlooking the refuge, boardwalk trail accessible to people with disabilities, brown DEC sign. Turn left picnic pavilion, learning onto the road and follow center and restroom facilities. Drive northwest on Route 68 from Canton about 4.9 miles and turn left onto Route 14 (there is a sign to Rennselaer Falls). Proceed about 3.9 miles to a parking area turn off on the left and watch for signs.

THE PINNACLE

Recently opened and marked half-mile hike up a small mountain just outside of Santa Clara perfect for beginning hikers and children. Open rocky cliff with views towards north and west. Take Route 11B

east from Potsdam, turn south onto Route 458 in Nicholville. Continue past St. Regis Falls and about 1/4 mile after crossing bridge over St. Regis River in Santa Clara. Watch for a dirt road to the left with a large signs for about two miles to parking area. Trailhead out of Canton, heading is directly across from the parking area. Due to regulations related to the Santa Clara Tract

Easement, trail is closed to the public during big game season for deer.

LAMPSON FALLS

There is a short 0.8 mile round trip hike in to this tremendous waterfall on the Grasse River, with excellent viewing opportunities. Take County Route 27 south towards Degrasse. After crossing the Pierrepont-Russell Road, it is 5.8 miles

more. Watch for a large brown DEC sign on the right (west side) for the Grasse River Wild Forest, Park on the roadside and walk down the gated road. About 0.3 miles in there will be a wide path to the left - this leads to the top of the falls. From there you can follow a trail that runs alongside the river down to the base of the falls, or return to where you turned off and continue

AZURE MOUNTAIN

The fire tower atop Azure Mountain has recently been restored by the Azure Mountain Friends, making this a popular 2 mile round trip hike. Elevation is only 2,518 feet, but this little mountain offers fantastic views of the High Peaks region to the south and east. A volunteer fire tower interpreter is often on duty on weekends to answer questions about the tower and can help identify distant mountains. Great hike for kids, but it is steep and caution should be used on the open cliffs on the summit. Take Route 11B east from Potsdam to Nicholville, then turn south onto Route 458. About four miles past St. Regis Falls, turn right onto Blue Mountain Road. Continue about 7 miles and watch for the small sign and trailhead parking area on the right.

on that trail, bearing to the left. When you reach the large pool at the base of the falls, you can find trails that continue left onto the rock ledges directly across from the falls, providing outstanding views. If you watch for trail markers, you can continue walking a bit further downstream along the river. There used to be a wooden bridge across the river and more trails, but the bridge was washed out a number of years ago. Once you reach the site

of the old bridge, you can take an old logging road back to the where you parked your car.

a 60 foot waterfall which drops in two narrow cascades.

HARPERS FALLS

Located in Russell, New York. Easy 2 miles round trip, through a forest of hemlocks, leads to

ADIRONDACK VISITORS INTERPRETIVE CENTER

An hour from Potsdam, the "VIC" in Paul Smith's offers over seven miles of easy hiking trails and wildlife observation areas, as well as informative displays and restrooms. Several trails are handicapped accessible and many are great for cross-country skiing in winter. There is a boardwalk trail through a bog and also an 8.2 mile round trip climb

up Jenkins Mountain. Head out of Potsdam on Route 11B: turn south in Nicholville onto Route 458 and stay on it until it ends at Route 30. Turn right on Route 30 and continue south - watch for signs after passing Barnum Pond and just before you come to Paul Smith's College. For information: 518-327-3000.

EVENTS

Potsdam Summer Festival July 9-11th

Potsdam Community Sales Garage Sales August 3rd or 4th Saturday

Hankfest August 8th Sandstone Festival September

Potsdam Fright Night October 29th

Merry Tubachristmas Early Christmas

For more info on these events, call the Potsdam Chamber at 315-274-9000 www.potsdamchamber.com